

Every First Sunday at Wesley Church
is a **FOOD BANK** Sunday.
Our gifts are taken to
New Bethany Ministries in south Bethlehem.
They need:

Food Items:

- Any kind of Canned Meats
(e.g. Spam, Turkey, Chicken, Corned Beef, Salmon, Tuna)
- Canned Meals
(e.g. Raviolis, Spaghetti & Meatballs, Beef Stew, Chicken & Dumplings,
Corned Beef Hash, Beefaroni, Spaghetios, Chicken Ala King, Pork N' Beans)
- Potatoes (e.g. Mashed, Au Gratin, Scalloped)
- Rice (e.g. Instant Rice, Flavored Instant Rice)
- Pasta (e.g. All Shapes & Sizes, Macaroni & Cheese) & Flavored Instant Noodles
- Sauces (e.g. Spaghetti, Tomato)
- Helpers e.g. Chicken, Hamburger, Tuna
- Soups & Peanut Butter & Jelly
- Canned Veggies & Canned Fruit
- Jell-O & Puddings
- Juices & Drinks of all kinds including Powdered and Evaporated Milk
- Cold Cereal, Oatmeal, Grits, Cream of Wheat, Pop Tarts, Cereal Bars)

A lot of people have only a room.
Many times a full kitchen is not available to them,
so instant, easy fix, microwaveable things
are very popular!

Others live outside
so pop top cans are also in demand!

Non-Food Needs:

- Wipes & Diapers, all sizes – especially 3, 4, 5
- Diaper Rash Cream
- Shampoo, Conditioner
- Soap, Lotion, Deodorant, Toothpaste
- Feminine Hygiene Products
- Towels & Wash Clothes
- Band-Aids & First Aid Cream
- Paper Products (e.g. Paper Towels, Toilet Paper, Tissues, etc.)
- Dish Washing Liquid, Laundry Detergent, Comet Type Cleanser